

# Sample Homework Schedule

## Homework Schedule

3:30 - 4:00 Snack Time!

4:00 - 4:15 Get ready to do homework:

1. Figure out what you need to do today
2. Decide if there are things you need a parents help with
3. Organize your binders and folders

4:15 - 5:15 Start homework - do the hardest homework first! If you finish before 5:15, you may read or work on long-term projects.

5:15 - 6:00 Stop homework. Set table for dinner. Play time!

6:00 - 7:00 Dinner

7:00 - 7:30 Finish any homework that is due for tomorrow or review for any upcoming tests. Clean out binder once a week.

7:30 - 8:00 Play or TV time (only if all homework for tomorrow is done!)  
Check in with mom or dad before turning on the TV!

8:00- 8:30 Quiet time, time in your room to read or do a quiet activity, gives the body a chance to decompress away from electronics and screens

8:30 Bedtime